



FAIRBANKS NATIVE  
ASSOCIATION

Fairbanks  
Strategic  
Prevention  
Framework  
Program

Parents —  
who Host

Lose  
the Most



FAIRBANKS NATIVE  
ASSOCIATION





Hi!

My name is Brenda Hannah.

I am the Strategic Prevention Framework Grant Manager.

I graduated from UAF with Leadership Honors of Distinction

I interned in the Alaska State Legislature where I worked for a senator. I was awarded a Hinckley Institute of Politics internship in DC, where I worked for Dutko Worldwide; one of the top-ten Lobbying firms on Capitol Hill.

Here is a fun fact about me: I am a Pit Crew Chief on a Dirt Track Racing Team. So, I am a Grant Manager on the weekdays and a Pit Crew Chief on the weekends!

One of my favorite quotes: Trust is the essence of leadership~ Colin Powell

When I am not at work or wrenching on a race car, you can find me socializing with my friends.

I can be reached at: [bhannahfairbanknative.org](http://bhannahfairbanknative.org) or via my cell: 907-388-8772

# SPF Project Goal

- The goal of FNA SPF is to prevent the onset of and reduce the progression of alcohol abuse among 9-20-year-olds in the Fairbanks North Star Borough.
- To prevent and curb underage drinking for young people who are at risk or already engaged in drinking.



**FAIRBANKS NATIVE**  
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INDIGENOUS WORD OF THE WEEK

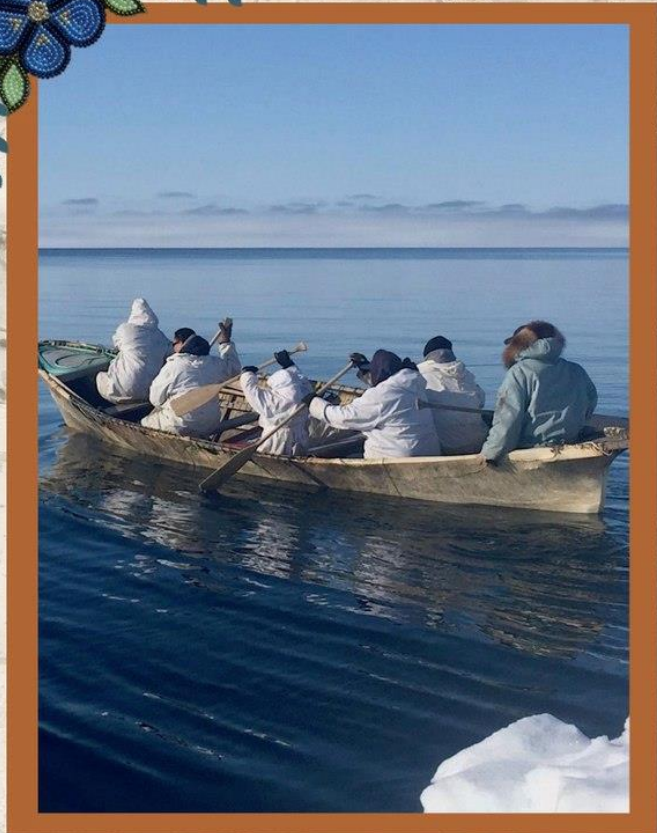
“SURLLUNI.” - ALUTIIQ

“TO GET WELL, RECOVER  
OR SOBER UP.”

#907sobrietytribe

Indigenous Word of the Week

provided by FNA's Strategic Prevention Framework.



# FAIRBANKS NATIVE ASSOCIATION

INDIGENOUS WORD OF THE WEEK

“BIIJI.”  
-DINEH NAVAJO  
“HEALING.”

“Biiji-healing-ceremony and singing that reverses one’s way of thinking to shift from giving the body wrong information to knowing how to inform the body of correct information for wellness restoration by reawakening to holy thinking.”

From Dineh Wisdom Keeper Patricia Anne Davis MA  
<https://nativeamericanconcepts.wordpress.com>

Indigenous Word of the Week  
provided by FNA’s Healing the Hurts Project



**FAIRBANKS NATIVE**  
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TRADITIONAL TUESDAY

**GETTING READY FOR WINTER:  
TRADITIONAL ACTIVITIES TO AID IN SOBRIETY**

Partaking in traditional activities is proven to help recovery and sobriety efforts. Many of the struggles Indigenous people face are caused by a broken connection to our culture and heritage. Reconnecting to our cultural practices such as hunting and gathering, can promote healthy wellbeing overall.

**3 things to do to connect to your  
cultural traditions to aid in sobriety:**

Moose Hunting  
Berry Picking  
Chop wood for winter or chop wood for an elder

#907sobrietytribe

Provided by FNA's Strategic Prevention Framework

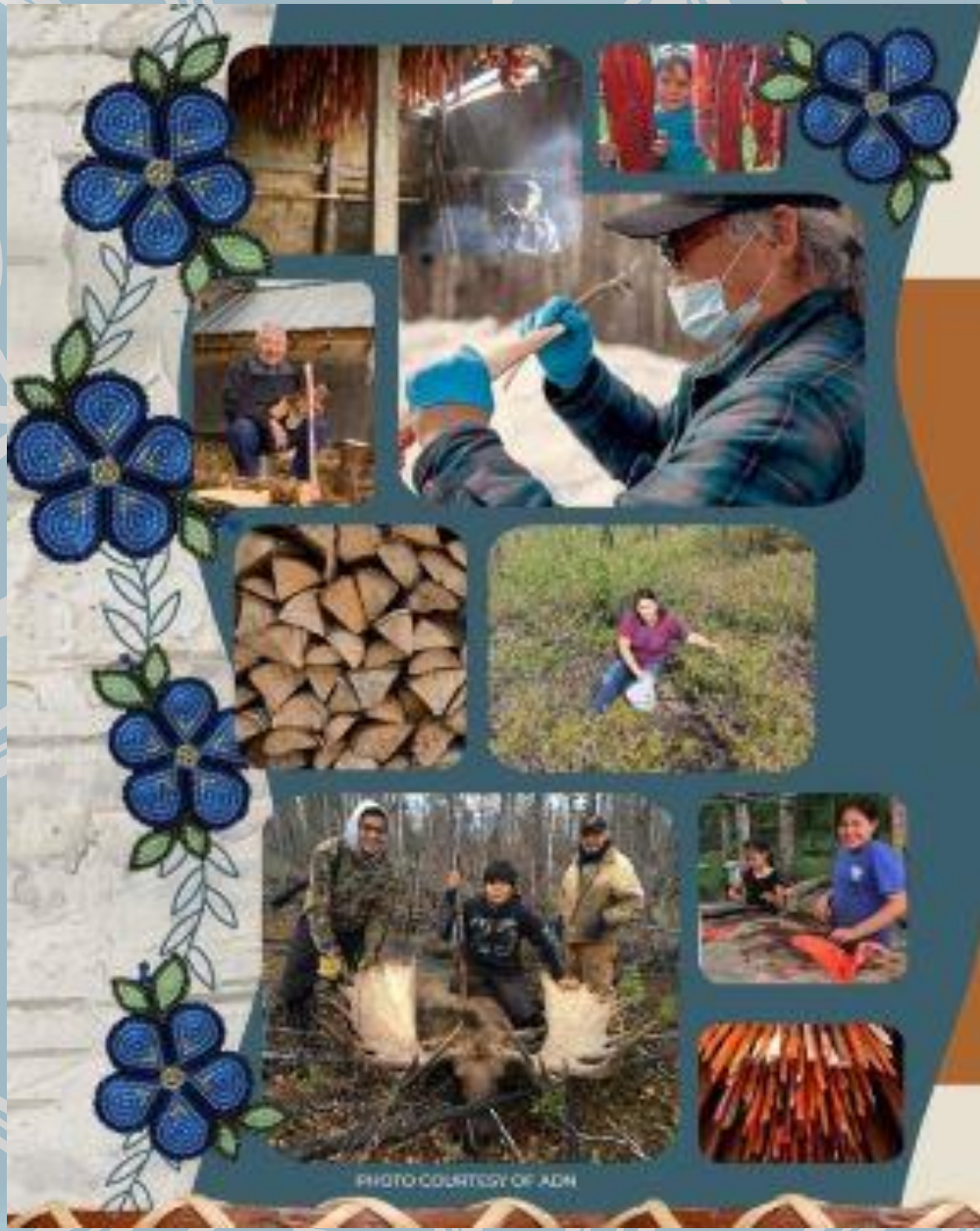


PHOTO COURTESY OF ADH



## **Interagency Transition Council [ITC]**

**The Behavioral  
Health  
Community  
Coalition for  
Alaska Natives**

# Environmental Prevention Strategy

7 Question  
Anonymous  
Survey-Data

2 Live links:  
BHS Services  
PWH

Parents —  
who Host  
Lose  
the Most



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Behavioral Health Services







Parents —  
who Host  
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Behavioral Health Services



*FNA~ Children, Youth & Young Adult Services*

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## Questions/Comments

Brenda Hannah, Strategic Prevention Framework  
Program Manager

Behavioral Health Services

Fairbanks Native Association

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*All public service is a trust, given in faith and  
accepted in honor ~Unknown*



**FNA**